

**U10's & U12's**  
**Equipment**  
 Train sock  
 Train Shorts  
 Train top  
 Nike Backpack  
 Embroidery/screening

**Indoor**  
 Practices - 14 min for U 10 & U12  
 Master teaching  
 In-house Scrimmaging

**Office and Staff**  
 Coach Stipend  
 All printing/mail/phone/stationary  
 FH equipment/med supplies  
 Coaching Coordinator Stipend

**Total Cost**  
 \$575

**Possible extra cost for U10 & U12**  
 Possible tournament(s)

**U14**  
**Equipment**  
 Skirt  
 Game socks x 2 pair  
 \*Jerseys (2)- to be returned  
 Train sock  
 Train Shorts  
 Train top  
 Nike Backpack  
 Nike Fleece  
 Embroidery/screening

**Indoor**  
 Master teaching  
 In-house scrimmaging  
 \*Practices - Hampton Arena/Kingston/York  
 14 minimum for U14's

**Tournaments**  
 Seacoast United Indoor Tourny  
 Two NE region indoors

**Office and Staff**  
 Coach Stipend  
 All printing/mail/phone/stationary  
 FH equipment/med supplies  
 Coaching Coordinator Stipend

**Total Cost**  
 \$945

National Indoor Qualifier Tournament  
 Lottery TBA- between \$85 and \$150 and NIT Tournament cost  
 TBA

**U16**  
**Equipment**  
 Skirt  
 Game socks  
 \*Jerseys (2)- to be returned  
 Train sock  
 Train Shorts  
 Train top  
 Nike Fleece  
 Nike Backpack  
 Embroidery/screening

**Indoor**  
 Master teaching  
 In-house scrimmaging  
 \*Practices - Hampton Arena/Kingston/York  
 14 minimum for U16/U19

**Tournaments**  
 Seacoast United Indoor Tourny  
 Two NE region indoors

**Office and Staff**  
 Coach Stipend  
 All printing/mail/phone/stationary  
 FH equipment/med supplies  
 Coaching Coordinator Stipend

**Total Cost**  
 \$945

**\*\*ADDITIONAL TOURNAMENTS: DISNEY TOURNAMENT, FESTIVAL TOURNAMENT & NCC TOURNAMENT- SEPARATE TRYOUTS AND SELECTED TEAMS. Additional tournament fees.**

**U19**  
**Equipment**  
 Skirt  
 Game socks  
 \*Jerseys (2)- to be returned  
 Train sock  
 Train Shorts  
 Train top  
 Nike Backpack  
 Nike Fleece  
 Embroidery/screening

**Indoor**  
 Master teaching  
 In-house scrimmaging  
 \*Practices - Hampton Arena/Kingston/York  
 14 minimum for U16/U19

**Tournaments**  
 Seacoast United Indoor Tourny  
 Two NE region indoors

**Office and Staff**  
 Coach Stipend  
 All printing/mail/phone/stationary  
 FH equipment/med supplies  
 Coaching Coordinator Stipend

**Total Cost**  
 \$945

**\*\*ADDITIONAL TOURNAMENTS: DISNEY TOURNAMENT, FESTIVAL TOURNAMENT & NCC TOURNAMENT- SEPARATE TRYOUTS AND SELECTED TEAMS. Additional tournament fees.**

\*Please note- financial aid is available for those that qualify. Application forms will be online after tryouts. \*\*PRACTICES WILL BE BETWEEN 7AM & 11AM ON SUNDAYS.